The St. Louis

Put-in: Highway 61 at the river just upstream of the River Inn.

Interstate 35 bridge pylons were placed here specifically for slalom boater types (racers, rafters, etc.)

Water Levels:
The river is pictured and described at approximately 3,000 cfs. Class ratings in parenthesis are for higher water levels. For water level information call Minnesota Power and Light at 1-800-382-8529 and use the "Knife Falls" release.
1,000-2,500 cfs - Low - Class II (one at III)
2,500-5,000 cfs - Moderate - Class II-III (one at III+)
5,000-10,000 cfs - High - Class III+ (one at IV)
10,000+ cfs - Very High - Class III-IV (one at IV)

BOATSMEAR - Class II (II-III+)
Run left of center. Near the top of the rapid is an excellent surfing wave. Scout from eddy upstream on river left. Eddy left below the wave to carry back to surf again. Angle to the right at bottom to avoid cliffs. Swimmers Beach is located here on river right, and there's cliff diving (launching) on the left.

HIDDEN HOLE RAPID - Class II (if you hit the hole). Pick your way down the right. The hole is not obvious from upstream.

BODY MASHER FALLS
(a.k.a. Boatbeater Falls, Soapsuds Falls)
Keep left below Electric Ledge to AVOID this falls.

LITTLE KAHUNA - Class II-III (III)
Run on the left side of the island only!! Pick your way down the right. A large eddy half way down is a good spot to scout the waves of Little Kahuna. These 4-5' backrollers remind some of western whitewater. Catch the right eddy at the bottom of Little Kahuna and take the upstream channel between the islands. This gives a good view of the falls and is the entrance to a hidden rapid: Upstream/Downstream.
NOTE: There is a big hole at bottom right at higher water levels.

Thanks to:
The MCA Rapids Riders. This is a revised map of the original by Jon Storck. GP 11/94

COVER BOY'S DELIGHT - Class I This low ledge can be "sticky." The Thomson Reservoir starts here; take-out across a half mile of flat, and often windy, water.

http://www.nps.gov/npur/pуб/02/0400.htm